



INCOME & EXPENDITURE 1 JANUARY TO 31 DECEMBER 2023

		2023		2022	
Revenue	Annual Membership Fees & NTR Fees	4,769.50		4,268.50	
	Marathon Coaching	470.00		100.00	
	May Day 10 Net Income	696.09		3,122.49	
	Boxing Day 5 Net Income	3,327.03	9,262.62	2,607.35	10,098.34
Expenditure	Rickstones Track Hire	-80.00		-60.00	
	Summer 5K (Licences & Consumables)			-41.58	
	Affiliation Fees	-209.00		-91.56	
	Coaching Training and Safeguarding Fees	-200.00		-10.00	
	Helen Rollasen - 50% Contribution - BD5 2022			-1,216.13	
	2021 Net Expenditure (EA Payments & BD5 2021)			-235.00	
	Mailchimp	-565.75		-456.76	
	Website Costs	-49.43		-576.00	
	Zoom Subs	-153.50		-172.68	
	Strip Payment Platform Administration fee	-233.89		-206.88	
	School Hire	-500.00		-575.00	
	Knights Storage	-240.00		-240.00	
	Awards	-1,293.04		-366.00	
	Sundry	-259.43	-3,784.04	-128.74	-4,376.33
Races	Essex Road Relays	-100.00		-154.00	
	Cross Country Events	-1,133.93		-1,168.33	
	Ekiden Relays	-432.00	-1,665.93	-216.00	-1,538.33
Kit	Kit Purchased	-892.20		-3,943.81	
	Kit Sales To Members (GROSS)	1,631.54	739.34	1,210.79	-2,733.02
Social	Dinner Dance	-222.86		-80.12	
	VLM Coach Net Income	120.00		80.00	
	Xmas Drinks	-400.00		-198.00	
	Summer BBQ	-204.37		-131.71	
	Kelvedon Family Fun Day	101.01		0.00	
	Halloween meal	-199.75		0.00	
			-805.97		-329.83
Net income, prior to Charitable Donations			3,746.02		1,120.83
Charitable Donations	Proposed Charitable Donation - MD10	-348.05		-1,561.25	
	Proposed Charitable Donation - BD5	-1,663.51	-2,011.56		-1,561.25
Net income / (expenditure), after pending Charitable Donations			1,734.46		-440.42