

0.00	Left out of pub, then right into Sawyers Road
0.50	Left at junction (Take care – run on right side of the road)
0.80	Right at Brick House Rd
1.73	Turn Right at the junction into Grover Farm Rd
2.83	Turn Right at the junction into Tudwick Rd
4.20	Cross Road into Mill Lane (Take Care)
4.31	Right into Beckingham St
4.48	Right into Bakers Lane
5.14	Turn left into Sawyers Road. Then left back to pub. 5.43 miles