

#MeetTheMembers – Vol 6



Name:

Damien Walsh

Occupation:

Electrician / Building Facilities Management

Where are you from and how did you end up in/near Witham?

Boreham, met my now fiancé 16 years ago. She moved to WITHAM from Hutton with her family.

How long have you been Running, and how long with the club?

Throughout school, then stopped when I had children, then began again last year

as part of fitness training for a charity boxing match.

Favourite hobby, besides running of course!

Listening to podcasts, spending time with family, reading

If you hosted your own chat show for one night, who would be your 3 guests and why?

Tyson Fury, Noel Gallagher, Russel Brand. All had their difficulties, all have achieved something special.

If you had 1 week to travel anywhere in the world, where would you go and why?

A jungle, to see from real wildlife

Superpowers... what would yours be?

No Idea.

Pineapple on Pizza, yay or nay?

Don't Mind.

When you need an extra push, what's your mantra?

Exercise, a challenge.

What's the scariest thing you've done for fun?

Boxing

Proudest achievement(s) - You're only allowed to pick a Top 3!

1. Running marathon after suffering a real traumatic experience
2. having my 2 children
3. having a 16+'-year relationship