

#MeetTheMembers – Vol 5

**Name:**

Jason Lilley

Occupation:

Ex Police Officer - currently lucky enough to be a House Husband for a while.

Where are you from and how did you end up in/near**Witham?**

Hackney via South Ockendon and Chelmsford. We now live just outside Witham as we wanted somewhere a bit quieter.

How long have you been Running, and how long with the club?

I've been running for a few years on and off, and with the club for a little over a year.

Favourite hobby, besides running of course!

Walking my two German Shepherds, playing guitar, and cycling.

If you hosted your own chat show for one night, who would be your 3 guests and why?

Dave Grohl because I love his passion for music and his attitude to life, Barack Obama because he must have some pretty cool stories and seems like a really nice guy and Tina Fey because I think she's hilarious.

If you had 1 week to travel anywhere in the world, where would you go and why?

Probably San Francisco. It's my favourite city.

Superpowers... what would yours be?

Being able to heal injury/illness. It's about the only way I'll ever deal with my shin splints!

Pineapple on Pizza, yay or nay?

Nay, but only because I don't eat meat (and it only really goes with ham!).

When you need an extra push, what's your mantra?

"Stop moaning. Get it done" (although the version in my head sometimes has an added word or two!).

What's the scariest thing you've done for fun?

Probably setting off to cycle the length of the country unsupported with just a small bag of stuff.

Proudest achievement(s) - You're only allowed to pick a Top 3!

1. Cycling from John O'Groats to Land's End unsupported in 8 days 3 hours in 2014. 2) All sorts of stuff from my Police career, but especially qualifying as a Class 1 Advanced Driver with the Met in 2009. 3) Finishing 5 Ultra Marathons this year, having previously never run more than 15 miles.