



SUNDAY 20TH OCTOBER 2019
CHELMSFORD, ESSEX

CHELMSFORD MARATHON

**VOLUNTEERS
NEEDED!**



"The Chelmsford Marathon is a great opportunity to do your bit for a very good cause while cheering on the runners. The whole event has an amazing feel good factor and Chelmsford Lions hope to be involved for many years to come."

Andrea



Join us for the 6th
Chelmsford Marathon
and **New Family 3k Fun Run!**
We are looking for 250 volunteers
to fill a wide range of roles from
marshalling to medal giving.

For more details contact
lucy.burgess@thejshospice.org.uk

or visit our website
[www.havenshospices.org.uk/
occasionalvolunteers](http://www.havenshospices.org.uk/occasionalvolunteers)

Organised by

The **J's** Hospice
RCN 1022110

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DAY COUNT**