

Witham BD5

Open

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
1	329	Paul Wittaker	MO	0:24:49.15	Southend AC
2	323	Adrian Mussett	M45	0:25:27.85	Colchester Harriers AC
3	17	Ady Whitwam	M40	0:26:33.57	Morpeth Harriers & AC
4	133	James Eve	M40	0:27:00.84	Headington RR
5	52	Carwyn Jones	MO	0:27:05.98	Colchester Harriers AC
6	83	David Johnson	MO	0:27:58.98	Tyne Bridge Harriers
7	327	Peter Hawkings	MO	0:28:10.01	Highgate Harriers
8	146	Jim Last	MO	0:28:20	Framlingham Flyers
9	58	Chris Burgoyne	MO	0:28:47.74	Springfield Striders RC
10	195	Matthew Rees	MO	0:29:16.31	
11	217	Paul Anderson	MO	0:29:31.41	Springfield Striders RC
12	69	Colin Lewin	M45	0:29:32.05	
13	285	Stuart Raven	M40	0:29:50.33	Springfield Striders RC
14	19	Alex Benson	MO	0:29:55.57	Springfield Striders RC
15	219	Paul Crosby	MO	0:30:02.38	
16	11	Adam Chapman	MO	0:30:16.63	Benfleet RC
17	332	Pete Riley	M45	0:30:18.06	Witham RC
18	158	Joseph Nourse	MO	0:30:24.21	Braintree & District AC
19	234	Peter West	M50	0:30:25.59	Colchester Harriers AC
20	330	Steven Wittaker	MO	0:30:29.46	Chelmsford AC
21	116	Gregory John	MO	0:30:37.95	Billericay Striders
22	12	Adam Howlett	M40	0:30:46.4	Framlingham Flyers
23	178	Marcus Catlin	M40	0:31:11.77	Ipswich Jaffa RC
24	39	Anthony Rees	MO	0:31:20.43	
25	230	Peter Chubb	M45	0:31:33.23	Springfield Striders RC
26	220	Paul Mckenna	MO	0:31:35.16	Grange Farm & Dunmow Runner
27	30	Andrew Low	M45	0:31:37.41	Benfleet RC
28	321	Stephen Moore	M50	0:31:41.81	Springfield Striders
29	298	Tom Cresswell	MO	0:32:06.34	Sudbury Joggers
30	27	Andrew Buck	M50	0:32:08.05	Sudbury Joggers
31	84	David Miller	M45	0:32:17.84	Benfleet RC
32	166	Leo Cole	M45	0:32:18.8	Witham RC
33	228	Peter Beatty	M60	0:32:29.96	Bishops Stortford RC
34	350	Peter-david Adkins	M40	0:32:33.94	
35	29	Andrew Lager	M40	0:32:37.05	
36	46	Brian Venton	M40	0:32:39.96	Benfleet RC
37	358	Tom Joyner	MO	0:32:47.21	
38	299	Tony Piper	M50	0:32:52.48	Dartford Road Runners
39	210	Neil Wray	M40	0:32:57.47	
40	13	Adam Richardson	MO	0:32:58.92	Springfield Striders RC
41	111	Giles Sowerby	MO	0:33:03.76	
42	311	William Hogarth-jones	MO	0:33:04.4	
43	72	Conor Culham	U18M	0:33:07.62	Braintree & District AC
44	351	Gary Robini	MO	0:33:08.38	Springfield Striders
45	255	Roger Gooding	M40	0:33:13.81	Springfield Striders RC
46	150	Joe Mcgrath	MO	0:33:14.76	Billericay Striders
47	40	Arthur Whiston	M60	0:33:20.73	Colchester Harriers AC
48	100	Fiona Halls	F40	0:33:23.69	Saffron Striders RC
49	301	Trevor Scott	M40	0:33:36.97	
50	14	Adrian Frost	M45	0:33:43.53	Sudbury Joggers
51	206	Myles Coulson	M40	0:33:50.74	Braintree & District AC
52	182	Mark Baker	M50	0:33:57.43	Colchester Harriers AC
53	239	Rebecca Cooke	FO	0:34:10.61	Colchester Harriers AC
54	126	Jack Deer	MO	0:34:12.33	
55	341	Andrew Ritchings	M50	0:34:13.13	Little Badow Ridge Runners
56	313	Matthew Butcher	M40	0:34:29.23	
57	125	Ian Simes	M40	0:34:31.5	
58	283	Steven Watson	MO	0:34:33.92	Witham RC
59	167	Lewis Naylor	MO	0:34:37.24	
60	60	Chris Hargraves	M45	0:34:41.51	

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
61	189	Martin Jackson	MO	0:34:43.53	Grange Farm & Dunmow Runner
62	348	Ray Baggs	MO	0:34:44.92	Great Bentley
63	76	Daniel Quartly	MO	0:34:46.34	Springfield Striders RC
64	314	Perry Taylor	M45	0:34:46.46	
65	15	Adrian Goode	M50	0:34:47.14	Felixstowe RRC
66	218	Paul Chandler	M50	0:34:53.92	Witham RC
67	251	Robert Saunders	MO	0:34:56.09	
68	162	Kenneth Hands	M45	0:34:57.76	Springfield Striders RC
69	149	Joanne Smith	F45	0:35:01.65	Chelmsford AC
70	105	Gary Joslin	M45	0:35:10.68	Springfield Striders RC
71	352	Sean Darney	MO	0:35:17.97	Witham RC
72	102	Gareth Bates	MO	0:35:19.46	
73	144	Jessica West	FO	0:35:22.55	London City Athletics Club
74	232	Peter Hodgson	M45	0:35:23.55	
75	305	Victoria Curren	F40	0:35:29.21	Springfield Striders RC
76	296	Tim Saban	M45	0:35:31.96	Fairlands Valley Spartans
77	338	Katrina Finch	F40	0:35:44.72	Tiptree
78	108	Gerard Geurts	M45	0:35:45.69	Grange Farm & Dunmow Runner
79	73	Courtney Gordon	U18F	0:35:46.73	Braintree & District AC
80	355	Mark Jeffrey	M50	0:35:47.71	Springfield Striders
81	4	Ker Macrosson	M60	0:35:48.59	ipswich Jaffa
82	215	Ollie Caulfield	M55	0:35:51.46	
83	235	Phil Jarvis	M50	0:35:52.03	
84	134	James Hawkes	M40	0:35:55.05	Grange Farm & Dunmow Runner
85	333	Georgina Warren	FO	0:35:57.67	Benfleet Running Club
86	130	James Blackshaw	MO	0:36:00.49	
87	82	David Hunt	MO	0:36:01.93	Witham RC
88	152	John Button	MO	0:36:03.57	
89	50	Cameron Venton	U18F	0:36:07.81	Benfleet RC
90	325	Daniel Hewitt	M50	0:36:10.07	Halstead Road Runners
91	20	Alex Smith	U18M	0:36:10.82	Chelmsford AC
92	227	Pete Addington	M40	0:36:13.33	
93	10	Adam Celiz	MO	0:36:15.68	
94	357	Stuart Evans	M45	0:36:22.78	East London Tri
95	207	Natalie Bennett	FO	0:36:23.89	Tyne Bridge Harriers
96	353	David Norris	M45	0:36:35.25	
97	67	Colin Jackson	M55	0:36:38.38	Grange Farm & Dunmow Runner
98	2	Jayne Stacey	FO	0:36:48.3	Benfleet
99	240	Rebecca Pittman	F50	0:37:00.49	Springfield Striders RC
100	373	Luke Himpson	MO	0:37:11.01	
101	154	John Holland	MO	0:37:14.68	
102	135	James Royce	M40	0:37:15.84	
103	131	James Booth	MO	0:37:25.78	
104	22	Alexander Manley	MO	0:37:29.5	
105	354	Rory Edney	U18M	0:37:38.61	
106	287	Stuart Weatherley	MO	0:37:38.76	
107	192	Mathew Davies	U18M	0:37:38.81	
108	32	Andrew Wood	M50	0:37:39.28	
109	63	Christopher Sewell	M55	0:37:40.07	Springfield Striders RC
110	109	Gerry Greenwold	M45	0:37:40.07	Springfield Striders RC
111	208	Neil Halls	M40	0:37:41.76	Saffron Striders RC
112	293	Terry Bates	M60	0:37:42.26	Isle Of Man Veterans AC
113	115	Greg Marshall	M60	0:37:46.59	Serpentine RC
114	356	Peter Richardson	M45	0:37:48.23	
115	302	Trevor Sibley	M50	0:37:58.09	Braintree & District AC
116	306	Wayne Close	MO	0:38:03.71	
117	370	Daniel Himpson	MO	0:38:06.96	
118	53	Catharina Childs	F40	0:38:08.9	
119	44	Bernard Johnson	M60	0:38:13.72	Thurrock Harriers
120	95	Duncan Mckenzie	M55	0:38:16.39	
121	295	Tim Ford	M55	0:38:18.14	Tiptree Road Runners
122	118	Helen Bateman	F40	0:38:18.53	Springfield Striders RC
123	1	Paul Town	M50	0:38:19.22	Mid Essex
124	123	Ian Baines	M40	0:38:29.84	Grange Farm & Dunmow Runner

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125	233	Peter Preston	M45	0:38:37.06	
126	247	Richard Tatterton	MO	0:38:42.82	Ipswich Jaffa RC
127	74	Craig Vernon	M50	0:38:45.23	
128	254	Robin Lozeau	M60	0:38:58.73	Harlow RC
129	374	Jason Bridge	M45	0:39:00.48	
130	51	Carrie Hook	F45	0:39:04.83	Harwich Runners
131	185	Mark Lloyd	M40	0:39:05.07	Harwich Runners
132	274	Simon Baker	M50	0:39:06.44	Tiptree Road Runners
133	224	Paul Schroder	MO	0:39:08.65	Harlow RC
134	375	Derren Peters	M40	0:39:09.39	
135	270	Sharon Bannister	F45	0:39:10.18	Springfield Striders RC
136	78	Dave Mckenzie	MO	0:39:13.09	
137	198	Melanie Ford	F55	0:39:15.9	Hedge End Running Club
138	324	Anita Mussett	F45	0:39:16.19	Colchester Harriers
139	28	Andrew Hansler	M45	0:39:19.56	Ipswich Triathlon Club
140	106	Gary Sibley	MO	0:39:20.41	Braintree & District AC
141	62	Christopher Lambert	M50	0:39:22.31	
142	88	Debbie Barry	F55	0:39:28.66	Harlow RC
143	79	David Darton	M55	0:39:35.21	York Knavesmire Harriers
144	71	Colm Scolard	M50	0:39:38.75	Braintree & District AC
145	322	Paul Thomas	M40	0:39:43.66	Witham RC
146	222	Paul Nelder	M55	0:39:45.94	
147	119	Helen Lambert	F50	0:39:46.23	Braintree & District AC
148	70	Colleen Rae	F45	0:39:51.99	Witham RC
149	145	Jim Brown	M60	0:40:03.22	Fairlands Valley Spartans
150	213	Nicholas Manley	M50	0:40:12.08	
151	200	Michael Culver	M50	0:40:12.87	
152	320	Colin Short	M65	0:40:13.48	Witham RC
153	37	Anne-marie Newman	F35	0:40:14.21	
154	309	Wendy Spring	F45	0:40:16.25	Harlow RC
155	268	Sean Briscomb	M45	0:40:18.03	
156	34	Angela Manley	F50	0:40:24.46	
157	284	Stuart Phillips	M45	0:40:25.42	Braintree & District AC
158	96	Elsbeth Knott	F65	0:40:29.9	Harwich Runners
159	346	Clare Barstow	F35	0:40:30.02	Fram Flyers
160	279	Steve Hennings	M50	0:40:30.49	
161	56	Chris Axford	M50	0:40:33.34	
162	101	Frank Mckeown	M55	0:40:39.12	
163	194	Matthew Faires	MO	0:40:44.37	
164	203	Michelle Phillips	F45	0:40:49.29	
165	110	Gerry Mcgovern	M55	0:40:49.7	
166	319	Keith Rojas	M60	0:40:52.16	
167	55	Charlotte Hallos	FO	0:40:53.66	
168	57	Chris Brown	M55	0:40:54.26	
169	269	Sean Purcell	MO	0:40:55.92	
170	275	Simon Davis	M45	0:40:58.29	
171	315	Andrew Tietjen	MO	0:40:58.94	
172	38	Annette Johnson	F45	0:41:01.12	
173	257	Ross Silverton	M65	0:41:04.3	Witham RC
174	245	Richard Carvey	M45	0:41:05.47	
175	148	Joanne Marshall	F55	0:41:05.54	Serpentine RC
176	362	Lindsay Rolerkite	F45	0:41:06.43	Tiptree
177	36	Anna Luff	FO	0:41:06.75	Springfield Striders RC
178	98	Emma Smith	F35	0:41:10.22	
179	236	Philippa Hallos	FO	0:41:17.7	
180	160	Kate Powell	FO	0:41:19.97	
181	276	Stephen Brame	M45	0:41:21.71	Springfield Striders RC
182	120	Hilary Thompson	F55	0:41:22.02	
183	221	Paul Miller	M50	0:41:26.72	Braintree & District AC
184	43	Ben Cielland	MO	0:41:29.25	
185	211	Nic Vincent	M45	0:41:34.31	
186	278	Steve Bright	M50	0:41:36.42	
187	363	Donna Hindle	F50	0:41:42.3	Springfield Striders
188	176	Malcolm Bailey	M55	0:41:43.91	Tiptree Road Runners

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189	336	James Slater	M65	0:41:44.07	Tiptree Road Runners
190	328	Terry Brown	M55	0:41:44.9	
191	172	Lorraine Mills	F45	0:41:49.87	
192	366	James Himpson	U18M	0:41:52.07	
193	121	Hilda O'Kelly	F50	0:41:53.07	Springfield Striders RC
194	140	Jayne Vernon	F45	0:41:53.26	
195	68	Colin Lea	M50	0:41:55.07	York Knavesmire Harriers
196	229	Peter Belgrove	MO	0:42:00.54	
197	7	Neil Godier	M55	0:42:11.67	
198	205	Mon Lee	M55	0:42:14.83	Ipswich Jaffa RC
199	242	Rebecca Willis	F40	0:42:20.92	
200	122	Holly Thompson	FO	0:42:25.75	Springfield Striders RC
201	331	Vicki Sharman	FO	0:42:27.6	Witham RC
202	138	Janet Pardon	F60	0:42:28.49	Billericay Striders
203	142	Jenny Chandler	U18F	0:42:31.57	
204	103	Gary Chandler	M45	0:42:32.2	Springfield Striders RC
205	196	Maureen Wilson	F50	0:42:35.1	
206	159	Justin Ellis	MO	0:42:39.45	
207	87	Deb Harrison	F40	0:42:45.46	Braintree & District AC
208	326	Dean Cutting	M45	0:42:48.18	Halstead Road Runners
209	271	Sharon White	F45	0:42:50.99	Sudbury Joggers
210	263	Sarah Goodwin	F50	0:42:53.36	Springfield Striders RC
211	171	Lorraine Baker	F45	0:42:54.41	Tiptree Road Runners
212	164	Lauren Phillips	U18F	0:43:01.84	Braintree & District AC
213	256	Roland Knott	M65	0:43:04.78	
214	183	Mark Bond	M40	0:43:10.19	
215	64	Claire Gordon	F40	0:43:12.64	Braintree & District AC
216	45	Bob Chapman	M55	0:43:20.49	Benfleet RC
217	371	Peter Pietrzak	M40	0:43:22.36	
218	376	Rob Welham	M40	0:43:26.76	
219	273	Sheila Macaulay	F65	0:43:27.79	Springfield Striders RC
220	303	Trish Jarvis	F45	0:43:30.43	
221	190	Martin West	M65	0:43:31.76	Great Bentley Running Club
222	340	Helen Corr	FO	0:43:43.27	
223	90	Declan Walters	MO	0:43:48.57	
224	261	Sara Moran	F40	0:43:51.35	
225	249	Rob Sambrook	M45	0:43:51.83	
226	300	Trevor Catling	M55	0:43:52.13	
227	155	John Pardon	M65	0:43:55.63	Billericay Striders
228	241	Rebecca Tuff	FO	0:43:56.13	
229	170	Liz Irvine	F35	0:43:57.06	Springfield Striders RC
230	359	Chris Joyner	M50	0:43:59.14	Tri UK
231	174	Louise Kingsley	FO	0:44:01.95	
232	280	Steve Ray	MO	0:44:02.18	
233	75	Daniel Beard	U18M	0:44:08.68	
234	181	Mark Babbage	M55	0:44:10.46	Springfield Striders RC
235	214	Nicola Weatherburn	F45	0:44:28.51	
236	161	Kelly Mann	FO	0:44:39.09	Ipswich Jaffa RC
237	16	Adrian Long	M45	0:44:43.26	
238	127	Jackie Sibthorp	F45	0:44:50.96	
239	5	Simon Morgan	M45	0:44:54.04	Tiptree Road Runners
240	6	Abigale Morgan	FO	0:44:54.06	University of Canterbury
241	344	Paul Foster	M50	0:45:01.81	
242	197	Maxine Stevens	F45	0:45:03.85	Springfield Striders RC
243	86	Dean Wallace	MO	0:45:08.81	
244	26	Amanda Dunn	F40	0:45:23.19	Hadleigh Hares AC
245	361	Frank Gardiner	M60	0:45:25.19	
246	129	Jacqui Mcleod	F45	0:45:27.75	Benfleet RC
247	264	Sarah Knowles	F35	0:45:29.07	Springfield Striders RC
248	24	Alison Fryatt	F50	0:45:37.84	Barking Road Runners
249	104	Gary Johnson	M45	0:45:44.66	
250	42	Belinda Cook	F35	0:45:53.96	
251	372	Rebecca Himpson	F35	0:45:53.99	Little Badow Ridge Runners
252	312	Zoe Gould	F45	0:46:02.63	Tiptree Road Runners

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253	225	Paula Rothero	F45	0:46:02.81	Tiptree Road Runners
254	308	Wendy Atkinson	F45	0:46:11.02	Stowmarket Striders RC
255	297	Tina Clarke	F45	0:46:11.34	Tiptree Road Runners
256	237	Phillip Clarke	M45	0:46:11.85	Tiptree Road Runners
257	173	Louise John	FO	0:46:13.59	Billericay Striders
258	61	Christina Hunter	FO	0:46:14.68	
259	365	Alexis Arfont	MO	0:46:14.7	
260	337	David Beckerlec	M60	0:46:35.7	Witham RC
261	310	Will Schwer	MO	0:46:37.57	Felixstowe RRC
262	349	Stewart Baggs	M60	0:46:52.13	Great Bentley
263	369	Zoe Butler	FO	0:46:56.18	
264	368	Robbie Jay	MO	0:46:56.24	
265	377	Bethany Hawkings	FO	0:47:22.53	
266	334	Adam James	MO	0:47:30.61	
267	343	William Callaghan	M45	0:47:30.8	
268	85	Dawn Shilling	FO	0:47:31.85	Witham RC
269	35	Angus Kindley	M70	0:47:37.51	
270	226	Penelope Clarke	F55	0:48:29.85	Witham RC
271	112	Gill Gwilliams	F50	0:48:41.71	
272	25	Alison Vincent	F50	0:48:44.86	
273	89	Debbie Jarvis	F50	0:48:49.72	
274	259	Sally Peaker	F50	0:48:56	
275	163	Laura Hurn	F35	0:49:00.44	
276	59	Chris Chandler	MO	0:49:21.24	
277	151	John Bush	M50	0:49:26.81	Great Bentley Running Club
278	184	Mark Hoy	MO	0:49:35.98	
279	288	Sue Foley	F50	0:49:38.66	
280	48	Bruce Hogarth-jones	M55	0:49:52.49	Mid Essex Casuals
281	41	Barbara Law	F65	0:50:00.38	Great Bentley Running Club
282	141	Jean Brett	F45	0:51:06.23	
283	262	Sarah Campbell	F40	0:51:06.27	
284	54	Catherine Coffey	F40	0:51:06.43	
285	81	David Grainger	M50	0:51:09.73	
286	114	Grahame Walkingshaw	M50	0:51:17.42	
287	202	Michelle Amos	F40	0:51:19.7	
288	31	Andrew Mason	M50	0:51:28.85	Springfield Striders RC
289	318	Denise Lefley	F50	0:51:29.27	
290	179	Marian Nibbs	F60	0:51:33.45	
291	250	Robert Grimwood	MO	0:52:29.67	
292	175	Lynne Culham	F40	0:52:33.88	Braintree & District AC
293	199	Michael Boyd	M45	0:52:38.69	
294	289	Sue Gyford	F40	0:52:51.25	
295	364	Caroline Himpson	F55	0:52:56.44	
296	128	Jacky Chase	F55	0:53:13.41	
297	191	Martina Byrne	F50	0:53:29.55	
298	339	Michelle Leeding	F55	0:54:09.25	Witham RC
299	277	Stephen Francis	M45	0:54:19	
300	113	Glenda Jackson	F55	0:54:20.09	
301	99	Emmanuelle Cuni	F40	0:54:29.82	
302	143	Jenny Woodgate	F35	0:54:35.54	
303	253	Robert Tidder	M70	0:54:37.07	
304	65	Claire Howard	FO	0:54:59.73	
305	345	Darien Merry	M50	0:55:02.54	
306	147	Jo Beard	F40	0:55:04.65	
307	360	Matthew Goodchild	M45	0:55:10.74	
308	47	Brigid Lager	F55	0:55:44.25	
309	165	Lee Close	MO	0:55:47.61	
310	272	Sheila Buck	F45	0:55:47.99	Sudbury Joggers
311	244	Rhys Vincent	U18M	0:55:56.38	
312	107	Gemma Gay	FO	0:56:22.04	
313	317	Sarah Murphy	FO	0:56:38.77	
314	316	Lindsey Abbott	F40	0:56:42.65	
315	286	Stuart Robertson	M45	0:56:42.91	
316	347	Alan Parsons	M70	0:57:58.24	

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318	169	Linda Joyce	F55	0:58:10.75	
319	18	Alan Joyce	M55	0:58:11.16	
320	335	Sandra Macleod-cullinane	F40	0:58:24.51	
321	168	Linda Allen	F65	0:59:57.03	
322	177	Malcolm Potter	M60	1:03:13.28	Springfield Striders RC